

# Transferable Role Template

## Career Framework Level 6

### Colon Hydrotherapist

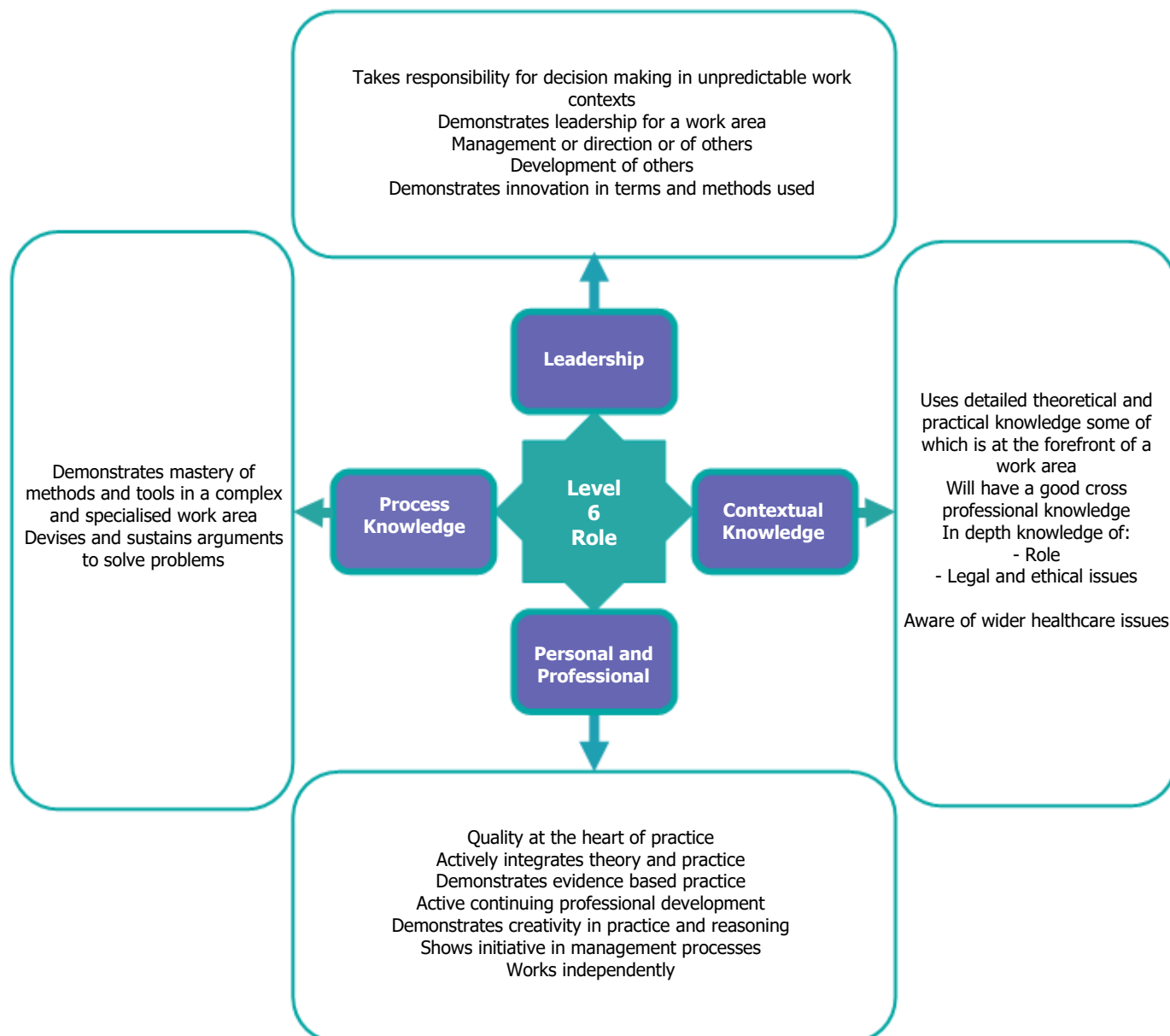
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#### Developers

Association of Registered Colon Hydrotherapists (ARCH)  
International Association and Register of Integrative Colon Therapists and Trainers  
(RICTAT)  
Institute of Professional Colon Hydrotherapy (IPCH)  
Skills for Health

## Level Descriptors

### Key characteristics of a Level 6 Role



### Definition of the Level 6 Role

People at level 6 require a critical understanding of detailed theoretical and practical knowledge, are specialist and/or have management and leadership responsibilities. They demonstrate initiative and are creative in finding solutions to problems. They have some responsibility for team performance and service development and they consistently undertake self-development.

### Example of Role at Level 6

Specialist Practitioner:

Specialist practitioners have developed a high level of knowledge and skill in a specific area of practice. They have a depth of knowledge and understanding which enables them to perform at a high level of practice, take a leadership role, use and develop evidence to inform their practice, and deal with complex, unpredictable environments. They will have their own caseload or work area responsibilities. The characteristics of a specialist practitioner have been developed by Skills for Health through working with employers and practitioners. They are intended to be broad descriptors which can be interpreted or contextualised at a local level.

### Basic Information:

Named Role	<b>Colon Hydrotherapist</b>
Area of work	Community NHS Or Local Authority Or Independent
Role Family	Wider Healthcare Team
Experience required	A background in healthcare is preferred though this is not the only route.
Career Framework Level	6

## Summary of Role

Colon hydrotherapy is a complementary practice

Colon hydrotherapists are autonomous practitioners usually in the private sector, individually or in a clinic setting. Their therapeutic approach is client centred, using colon hydrotherapy techniques together with health education and promotion.

## Scope of the Role

This role is normally made up of the level core NOS, the role specific NOS and some, all or none of the pick & mix NOS.

Focusing specifically on digestion and bowel function and bowel motility; colon hydrotherapy facilitates the management of chronic and/or occasional functional and some organic gastro-intestinal problems, offering relief from a wide range of symptoms. Colon hydrotherapists accept clients who self-refer as well as referrals from health and complementary health professionals. In addition colon hydrotherapy may be utilised to prepare the large bowel for colonoscopy procedures and cleansing/detoxification programmes.

Colon hydrotherapists generally have a background in healthcare and/or complementary and alternative medicine (CAM). However, they may also come from non health backgrounds providing they demonstrate adequate knowledge of relevant anatomy and physiology before they undertake one of the accredited courses of study. Such knowledge will usually derive from a formal training course, preferably leading to a recognised qualification or certification, or may be demonstrated via a pre-training assessment. In practice, cases will necessarily be judged on an individual basis. Knowledge may need supplementing by further studies prior to, or as part of professional training.

Approved training courses provide a minimum of 100 hours of classroom learning and students must pass an examination paper as well as demonstrating safe practical competence.

Qualified colon hydrotherapists trained by accredited schools, may apply for membership and registration to their chosen and relevant professional body and voluntary regulatory body.

As part of their treatment approach the colon hydrotherapist will undertake an assessment of the clients general health and specifically their digestive function before the first treatment. Therapists need to be aware of contra-indications as agreed by their professional body, and should apply their knowledge of anatomy, physiology and pathology in cases where they need to decline treatment and refer clients to suitable medical professionals.

Clients may be seen on a single occasion or over a period of time on multiple occasions. The colon hydrotherapist will monitor the progress of the client and adapt the support and advice given, as well as the frequency and number of treatments according to the clients individual needs.

Colon hydrotherapists are responsible for their own professional conduct and for ensuring that their client has a positive experience that reflects well not only on the therapist, but on the profession as a whole. All personal client data is recorded and stored in accordance with relevant data protection legislation. Colon hydrotherapists are responsible for ensuring compliance with all relevant health and safety laws within their clinic, as well as local and national legislation, including the disposal of clinical waste. Therapists also have an obligation to ensure safe practice. They must know established standards of hygiene and treatment protocols as laid down by their professional associations and adhere to them.

Colon hydrotherapists are responsible for the maintenance, servicing and hygiene of all equipment used, in accordance with manufacturers guidelines. Colon hydrotherapists trained in the use of closed water systems fed by either a machine or gravity tank, will remain present throughout the entire procedure

monitoring the clients progress. The colon hydrotherapists will insert the disposable speculum ensuring that the clients safety and dignity are maintained. The colon hydrotherapist will apply various skills and techniques during the procedure appropriate to the clients specific needs. If a colon hydrotherapist has attained additional therapy skills they may incorporate these appropriately.

Colon hydrotherapists offer dietary and lifestyle advice that supports digestive health through self care. In addition to their regular practice they may choose to promote such information to individuals and/or groups either directly or through blogs, articles, social media etc.

As a sole practitioner a colon hydrotherapist is expected to be a reflective practitioner, which includes time for sharing with other practitioners and/or formal supervision. A professional therapist will keep abreast of research and developments within the field. They are required to achieve a minimum of 30 hours of CPD per year to maintain membership of their chosen professional body.

To ensure a viable client base a colon hydrotherapist requires knowledge and skills in business development, marketing and business management.

## Level 6 Core Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
<b>1. COMMUNICATION</b>	1.2	Communicate effectively	GEN97 Communicate effectively in a healthcare environment <a href="#">Click to view competence detail</a>
<b>2. PERSONAL &amp; PEOPLE DEVELOPMENT</b>	2.1.1	Develop your own practice	GEN13 Synthesise new knowledge into the development of your own practice <a href="#">Click to view competence detail</a>
			CFAM&LAA3 Develop and maintain your professional networks <a href="#">Click to view competence detail</a>
	2.1.2	Reflect on your own practice	GEN23 Monitor your own work practices <a href="#">Click to view competence detail</a>
			SCDHSC0033 Develop your practice through reflection and learning <a href="#">Click to view competence detail</a>
<b>3. HEALTH SAFETY &amp; SECURITY</b>	2.2.1	Support the development of the knowledge and practice of individuals	SCDHSC0043 Take responsibility for the continuing professional development of yourself and others <a href="#">Click to view competence detail</a>
	3.5.1	Ensure your own actions reduce risks to health and safety	IPC2.2012 Perform hand hygiene to prevent the spread of infection <a href="#">Click to view competence detail</a>
			PROHSS1 Make sure your own actions reduce risks to health and safety <a href="#">Click to view competence detail</a>
			PMWRV1 Make sure your actions contribute to a positive and safe working culture <a href="#">Click to view competence detail</a>
	3.5.2	Protect individuals from abuse	SCDHSC0024 Support the safeguarding of individuals <a href="#">Click to view competence detail</a>
<b>4. SERVICE IMPROVEMENT</b>	4.6	Promote service improvement	CFAM&LCA1 Identify and evaluate opportunities for innovation and improvement <a href="#">Click to view competence detail</a>
<b>5. QUALITY</b>	5.1.1	Act within the limits of your competence and authority	GEN63 Act within the limits of your competence and authority <a href="#">Click to view competence detail</a>
	5.1.2	Manage and organise your own time and activities	HT4 Manage and organise your own time and activities <a href="#">Click to view competence detail</a>
<b>6. EQUALITY &amp; DIVERSITY</b>	6.1	Ensure your own actions support equality of opportunity and diversity	SCDHSC0234 Uphold the rights of individuals <a href="#">Click to view competence detail</a>

Underpinning Principle	Reference Function		Competence
	6.2	Promote equality of opportunity and diversity	SCDHSC3111 Promote the rights and diversity of individuals <a href="#">Click to view competence detail</a>
<b>B. HEALTH INTERVENTION</b>	B2.1	Obtain information from individuals about their health status and needs	CHS169 Comply with legal requirements for maintaining confidentiality in healthcare <a href="#">Click to view competence detail</a>
<b>D. INFORMATION MANAGEMENT / INFORMATION AND COMMUNICATION TECHNOLOGY</b>	D2.4	Maintain information / record systems	CFA_BAD332 Store and retrieve information using a filing system <a href="#">Click to view competence detail</a>
<b>H. MANAGEMENT &amp; ADMINISTRATION</b>	H1.3.1	Contribute to the effectiveness of teams	SCDHSC0241 Contribute to the effectiveness of teams <a href="#">Click to view competence detail</a>
	H1.3.2	Develop relationships with individuals	CFAM&LDD1 Develop and sustain productive working relationships with colleagues <a href="#">Click to view competence detail</a>
	H2.6	Receive and pass on messages and information	ESKITU020 Use digital communications <a href="#">Click to view competence detail</a>

### Role Specific Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
<b>1. COMMUNICATION</b>	1.2	Communicate effectively	GEN21.2012 Interact with individuals using telecommunications <a href="#">Click to view competence detail</a>
	1.5	Provide information, advice and guidance	GEN14 Provide advice and information to individuals on how to manage their own condition <a href="#">Click to view competence detail</a>
<b>3. HEALTH SAFETY &amp; SECURITY</b>	3.5.1	Ensure your own actions reduce risks to health and safety	GEN1 Ensure personal fitness for work <a href="#">Click to view competence detail</a>
			GEN96 Maintain health, safety and security practices within a health setting <a href="#">Click to view competence detail</a>
			IPC1.2012 Minimise the risk of spreading infection by cleaning, disinfecting and maintaining environments <a href="#">Click to view competence detail</a>
			IPC11.2012 Minimise the risk of spreading infection when laundering used linen <a href="#">Click to view competence detail</a>
			IPC9.2012 Minimise the risk of spreading infection when removing used linen <a href="#">Click to view competence detail</a>

Underpinning Principle	Reference Function		Competence
<b>5. QUALITY</b>	5.2.1	Ensure your organisation delivers quality services	CFAWB12 Deliver a good service to customers <a href="#">Click to view competence detail</a>
<b>A. ASSESSMENT</b>	A2.1	Plan assessment of an individual's health status	CHS38 Plan assessment of an individual's health status <a href="#">Click to view competence detail</a>
	A2.3	Assess an individual with a suspected health condition	CHS39 Assess an individual's health status <a href="#">Click to view competence detail</a>
			CHS118 Form a professional judgement of an individual's health condition <a href="#">Click to view competence detail</a>
	A2.3	(Contd..) Assess an individual with a suspected health condition	CHS168 Obtain a patient/client history <a href="#">Click to view competence detail</a>
	A2.7	Undertake a risk assessment in relation to a defined health need	CHS230 Assess the need for intervention and present assessments of individuals' needs and related risks <a href="#">Click to view competence detail</a>
	A2.9	Assess individual's suitability for a treatment or intervention	CHS120 Establish an individual's suitability to undergo an intervention <a href="#">Click to view competence detail</a>
	<b>B. HEALTH INTERVENTION</b>	B2.1	Obtain information from individuals about their health status and needs
	B3.1.1	Plan activities, interventions or treatments to achieve specified health goals	CNH2 Develop and agree plans for complementary and natural healthcare with clients <a href="#">Click to view competence detail</a>
	B3.1.2	Enable individuals to make health choices and decisions	CHS65 Enable individuals with long term conditions to respond to acute episodes <a href="#">Click to view competence detail</a>
	B3.3.1	Prepare and dress for specified health care roles	GEN2 Prepare and dress for work in healthcare settings <a href="#">Click to view competence detail</a>
	B3.3.2	Prepare individuals for health care actions	GEN4 Prepare individuals for healthcare activities <a href="#">Click to view competence detail</a>
	B3.3.3	Move and position individuals	CHS6.2012 Move and position individuals <a href="#">Click to view competence detail</a>



Underpinning Principle	Reference Function		Competence
			SCDHSC0223 Contribute to moving and positioning individuals <a href="#">Click to view competence detail</a>
	B3.3.5	Monitor and manage the environment and resources during and after health care actions	GEN7 Monitor and manage the environment and resources during and after clinical/therapeutic activities <a href="#">Click to view competence detail</a>
			SCDHSC0243 Support the safe use of materials and equipment <a href="#">Click to view competence detail</a>
	B3.4.1	Receive and direct requests for health care assistance using protocols and guidelines	CHS59 Respond to referrals of individuals with health conditions <a href="#">Click to view competence detail</a>
	B3.4.2	Refer individuals to services for treatment and care	CHS99 Refer individuals to specialist sources of assistance in meeting their health care needs <a href="#">Click to view competence detail</a>
	B3.6.2	Monitor an individual's progress in managing health conditions	CHS55 Facilitate the individual's management of their condition and treatment plan <a href="#">Click to view competence detail</a>
	B10.4	Manage emergency situations	CHS228 Control adverse events which arise during an individual's healthcare procedure <a href="#">Click to view competence detail</a>
	B14.2	Implement care plans/programmes	CHS225 Implement a treatment plan <a href="#">Click to view competence detail</a>
	B14.3	Deliver therapeutic activities	CNH26 Provide Colon Hydrotherapy to clients <a href="#">Click to view competence detail</a>
	B16.2	Support individuals who are distressed	SCDHSC0226 Support Individuals who are distressed <a href="#">Click to view competence detail</a>
	B16.3	Assist individuals in undertaking activities	CHS236 Support individuals during activities to improve their physical health and wellbeing <a href="#">Click to view competence detail</a>
<b>C. HEALTH PROMOTION &amp; PROTECTION</b>	C2.2	Provide information to individuals, groups and communities about promoting health	PE2 Manage information and materials for access by patients and carers <a href="#">Click to view competence detail</a>

Underpinning Principle	Reference Function		Competence
	C2.4	Enable people to address issues relating to their health and wellbeing	HT3 Enable individuals to change their behaviour to improve their own health and wellbeing <a href="#">Click to view competence detail</a>
<b>E. FACILITIES &amp; ESTATES</b>	E1.3.6	Dispose of waste from health care environments	CHS212 Disposal of clinical and non clinical waste within healthcare <a href="#">Click to view competence detail</a>
<b>F. EDUCATION LEARNING &amp; RESEARCH</b>	F4.4	Enable individuals to develop the knowledge and skills to manage their own health needs	PE5 Develop relationships with individuals that support them in addressing their health needs <a href="#">Click to view competence detail</a>
<b>G. MEDICAL DEVICES PRODUCTS &amp; EQUIPMENT</b>	G2.4	Store equipment, devices and products	GEN95 Monitor stock levels of clinical equipment or resources within accepted safe limits <a href="#">Click to view competence detail</a>
	G4.1	Maintain equipment, medical devices and products	CHS197 Plan the maintenance of equipment and medical devices within healthcare <a href="#">Click to view competence detail</a>
<b>H. MANAGEMENT &amp; ADMINISTRATION</b>	H1.1.6	Manage business risk	CFALG2 Keep up to date with current legislation affecting your business <a href="#">Click to view competence detail</a>
	H1.4	Manage resources	GEN64 Ensure the availability of physical resources <a href="#">Click to view competence detail</a>
			CFALG5 Assess the environmental impact of your business <a href="#">Click to view competence detail</a>
	H2.1	Administer diary appointment systems	GEN25 Administer appointments <a href="#">Click to view competence detail</a>
	H2.6	Receive and pass on messages and information	SCDHSC3115 Process information for use in decision-making <a href="#">Click to view competence detail</a>
	H3.1.3	Manage suppliers and contracts	CFABS2 Monitor the quality and use of supplies and equipment in your business <a href="#">Click to view competence detail</a>
	H3.6	Carry out financial transactions	GEN26 Deal with financial transactions within a health facility <a href="#">Click to view competence detail</a>

### Facets of Role (National Occupational Standards):

Underpinning Principle	Reference Function		Competence
<b>PICK AND MIX COLON HYDROTHERAPIST</b>	FACET	A facet of the role.	
<b>4. SERVICE IMPROVEMENT</b>	4.2	Develop strategies for improving services	CFA_CSD22 Develop a customer service network through social media platforms <a href="#">Click to view competence detail</a>
<b>A. ASSESSMENT</b>	A2.3	Assess an individual with a suspected health condition	CH HM1 Assess the needs of the client <a href="#">Click to view competence detail</a>
<b>B. HEALTH INTERVENTION</b>	B3.1.1	Plan activities, interventions or treatments to achieve specified health goals	CH HM2 Provide a treatment and management plan to meet the needs of the client <a href="#">Click to view competence detail</a>
			CHS44 Plan activities, interventions and treatments to achieve specified health goals <a href="#">Click to view competence detail</a>
	B3.3.4	Prepare environments and resources for use in health care activities	GEN6.2012 Manage environments and resources for use during healthcare activities <a href="#">Click to view competence detail</a>
	B8.1	Undertake physiological measurements	CHS19.2012 Undertake routine clinical measurements <a href="#">Click to view competence detail</a>
	B10.2	Provide first aid to an individual	CHS35 Provide first aid to an individual needing emergency assistance <a href="#">Click to view competence detail</a>
	B10.4	Manage emergency situations	CHS163 Manage Emergency Situations <a href="#">Click to view competence detail</a>
<b>C. HEALTH PROMOTION &amp; PROTECTION</b>	C1.2.4	Implement a marketing / promotional campaign	PHP27 Respond to requests for information from the media <a href="#">Click to view competence detail</a>
<b>G. MEDICAL DEVICES PRODUCTS &amp; EQUIPMENT</b>	G3.2	Install new medical devices and equipment	CHS200 Install equipment and associated systems within healthcare <a href="#">Click to view competence detail</a>
<b>H. MANAGEMENT &amp; ADMINISTRATION</b>	H1.1.1	Manage operational plans for an area of responsibility	CFABL3 Contract for a business premises <a href="#">Click to view competence detail</a>
	H1.1.6	Manage business risk	CFABL2 Choose a business premises <a href="#">Click to view competence detail</a>

	H1.1.8	Market and promote the service	CFAWB7 Sell your products or services on the internet <a href="#">Click to view competence detail</a>
	H1.3.1	Contribute to the effectiveness of teams	GEN44 Liaise between primary, secondary and community teams <a href="#">Click to view competence detail</a>
	H1.5.4	Monitor and address customer service problems	CFA_CSA19 Deal with customers using a social media platform <a href="#">Click to view competence detail</a>

**Locality Specific Competences / National Occupational Standards:**

Underpinning Principle	Reference Function		Competence
		None Assigned	

**Indicative Learning and Development**

Transferable roles may be underpinned by a range of learning and development activities to ensure both competence and role confidence. The learning and development included within the template is by nature indicative. In some cases it is endorsed by professional bodies and/or special interest groups and accredited by an awarding body.

<b>Transferable role</b>	<b>Colon Hydrotherapist</b>
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<p><b>Formal endorsed learning</b></p>	<p>Formal learning normally has an assessment component and should lead to a recognised qualification or be part of learning which is endorsed by a recognised authority. Three national associations for colon hydrotherapy offer learning to become a colon hydrotherapist. They are Association of Registered Colon Hydrotherapists (ARCH), Institute of Professional Colon Hydrotherapy (IPCH), and International Association and Register of Integrative Colon Therapists and Trainers (RICTAT).</p> <p>The ARCH approved training course in colon hydrotherapy takes 11 days of full time study (min 100 hours), and contains two modules. The course is internally assessed throughout and is followed by an external written exam set, and marked by an expert examiner appointed by the Association of Registered Colon Hydrotherapists. Each student must give a minimum of ten supervised treatments with case histories and receive two colon hydrotherapy treatments, subject to contra indications, during the practical sessions.</p> <p>RICTAT offer the following programmes:          Integrative Colon Hydrotherapy Foundation Course is a post-graduate course combining self-study and working one-on-one with the tutors in a distance learning mode with classroom based seminars and practical training.          Theory of the Integrative Colon Hydrotherapy (distance learning)          The self-study section consists of 12 modules requiring about 10 hours study time each, with four assignments to be completed and submitted before the start of the practical training.          Practice of the Integrative Colon Hydrotherapy (40 hours)          The practical module consists of six days of reviewing the theory, seminars, participating in 20 colon hydrotherapy treatments with case histories, and reflective practice. Each student receives at least two colon therapy treatments during the practical week, subject to contraindications.</p> <p>IPCH offer a two part programme of learning:          Part I (Cert. C.H.)          Part I consists of 6 days of intensive training taught on set course dates. It is a practical course during which the students will receive the opportunity to give a minimum of ten supervised colonic hydrotherapy treatments and</p>
<p>Colon Hydrotherapist</p>	<p>experience at least two treatments themselves.          Part II (Dip. C.H.) © Skills for Health 2014 Page 15 of 18          Part II Starts when the student is set up and in professional practice. It combines three hours of appropriate coaching and mentoring to support the student in their new practice with feed-back on ten case</p>

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<b>Informal learning</b>	Informal learning opportunities may include work shadowing, self directed study, and non assessed taught sessions. This is not an exhaustive list. All learning should be negotiated and include clear learning outcomes which impact upon practice.
<b>Summary of learning and development including aims and objectives</b>	<p>Each Association sets its own education syllabus and prerequisites for training. All Associations agree that the syllabus must be a minimum of 100 hours tuition and includes:</p> <ul style="list-style-type: none"> <li>- The principles and philosophy of colon hydrotherapy</li> <li>- Anatomy &amp; physiology of the digestive tract</li> <li>- Indications and contra-indications and red flags</li> <li>- Equipment, hygiene &amp; safety</li> <li>- Colonic hydrotherapy procedure</li> <li>- Fasting, cleansing &amp; detoxification</li> <li>- Factors affecting health status and wellbeing</li> <li>- Clinical practice</li> <li>- Professional development, ethics &amp; practice management</li> </ul> <p>Training covers the appropriate anatomy and physiology in detail, as well as all the skills needed to become a competent and professional colon hydrotherapist. It also covers health and safety issues, legal and technical issues and offers advice on how to set up a clinic.</p>
<b>Duration</b>	100 hours formal taught time plus a notional 100 hours of self directed study.
<b>National Occupational Standards used</b>	As detailed within role outline. The performance criteria and knowledge statements in each NOS will form the basis for the development of specific learning outcomes for each person and may be used to develop generic learning outcomes for each module/unit of learning.
<b>Credits (including framework used)</b>	Wherever possible learning should be credit rated to enable transferability and progression
<b>Accreditation</b>	Wherever possible learning should be accredited by education providers, professional bodies or similar



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<b>APEL and progression</b>	Wherever possible learning should be transferable through APEL and should enable progression to other formal learning
<b>Programme structure</b>	Most programmes of learning are built around a modular flexible, blended learning experience.
<b>Continuous Professional Development</b>	It is recognised that continuing professional development is an essential component to maintaining competent, safe practice at all levels of the career framework. Learning should be active, with the impact on service delivery clearly defined and agreed between the learner and their line manager or professional association. A range of methods for capturing the impact of learning may be used e.g. learning contracts, reflective accounts, productivity measures, appraisals systems and processes.
<b>Resources required, e.g. placement learning, preceptors, accredited assessors etc</b>	Learners may need to access learning in a variety of ways including online, taught sessions, self directed study, a client base for case studies. Wherever possible protected time included in their work schedule should be considered. Where work based assessments take place; assessors will be required Ongoing supervision and review
<b>Quality Assurance</b>	Learning should be quality assured to ensure fitness for purpose and efficacy.
<b>Policies included in learning programme documentation</b>	Policies are related to the learning and not to service delivery. Where formal learning is offered some of the following policies may apply. For example: Equal opportunities Accessibility Teaching and learning Assessment, internal verification and moderation Appeals procedure APEL processes Staff development - this relates to the staff delivering the learning Academic standards Equality and diversity E-safeguarding and Safeguarding Health and safety Grievance and disciplinary procedures

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<b>Funding</b>	Funding for learning should be negotiated locally and should be sustainable to fulfil service needs.
<b>Leading to registration or membership with:</b>	After completion of a recognised programme of learning, membership may be sought with the appropriate professional body ARCH, RICTAT or IPCH

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