

# Transferable Role Template

Career Framework – Cross Cutting

Supporting the Wellbeing of Carers

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## Definition of Cross Cutting Roles

Cross cutting roles are those which occur at multiple points on the career framework and/or which appear in a number of clinical pathways. They are usually but not exclusively a sub set of an existing role or job. They may be very specific in nature e.g. delivering a specific test or intervention.

### Basic Information:

Named Role	<b>Supporting The Wellbeing Of Carers</b>
Area of work	Acute, Care Home, Charity Or Voluntary Organisation, Community NHS Or Local Authority Or Independent, Dementia , End Of Life Care, Health Promotion, Hospital NHS Or Independent, Integrated Healthcare, Mental Health, Primary Care
Role Family	Cross Cutting (Any Inter Disciplinary)
Experience required	Some experience of working with people who have dementia or associated symptoms and who have not yet been diagnosed with dementia.
Career Framework Level	N/A

## Summary of Role

The role will support and enable carers of those with, or developing dementia to understand the progress of the condition and to cope with the effects of dementia on their lives whilst promoting their own wellbeing.

This role may be a whole job or form part of an existing job.

## Scope of the Role

Working as part of an integrated health and/or social care team and closely with the carers of referred individuals who have dementia. This role will offer support to carers enabling them to develop resilience through exploring coping strategies and self care in relation to the daily challenges they face.

The role will support carers to:

- understand the nature of dementia;
- adopt health promoting behaviours;
- develop and adopt strategies for dealing the progress of dementia;
- develop resilience by exploring coping strategies and promote their own wellbeing;
- access community and support networks as required.

The role will advocate on behalf of carers and the individual with dementia.

The role will support the development of effective pathways and interfaces between health and social care, and the local voluntary and community sector.

## Cross Cutting Core Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
<b>1. COMMUNICATION</b>	1.2	Communicate effectively	GEN97 Communicate effectively in a healthcare environment <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3001">http://tools.skillsforhealth.org.uk/competence/show/html/id/3001</a>
<b>2. PERSONAL &amp; PEOPLE DEVELOPMENT</b>	2.1.1	Develop your own practice	SCDHSC0023 Develop your own knowledge and practice <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3517">http://tools.skillsforhealth.org.uk/competence/show/html/id/3517</a>
	2.1.2	Reflect on your own practice	GEN23 Monitor your own work practices <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2051">http://tools.skillsforhealth.org.uk/competence/show/html/id/2051</a>
<b>3. HEALTH SAFETY &amp; SECURITY</b>	3.5.1	Ensure your own actions reduce risks to health and safety	IPC2.2012 Perform hand hygiene to prevent the spread of infection <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3309">http://tools.skillsforhealth.org.uk/competence/show/html/id/3309</a>
			PROHSS1 Make sure your own actions reduce risks to health and safety <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3327">http://tools.skillsforhealth.org.uk/competence/show/html/id/3327</a>
			PMWRV1 Make sure your actions contribute to a positive and safe working culture <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/4027">http://tools.skillsforhealth.org.uk/competence/show/html/id/4027</a>
	3.5.2	Protect individuals from abuse	SCDHSC0024 Support the safeguarding of individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3518">http://tools.skillsforhealth.org.uk/competence/show/html/id/3518</a>
<b>5. QUALITY</b>	5.1.1	Act within the limits of your competence and authority	GEN63 Act within the limits of your competence and authority <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/85">http://tools.skillsforhealth.org.uk/competence/show/html/id/85</a>
<b>6. EQUALITY &amp; DIVERSITY</b>	6.1	Ensure your own actions support equality of opportunity and diversity	SCDHSC0234 Uphold the rights of individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3506">http://tools.skillsforhealth.org.uk/competence/show/html/id/3506</a>
<b>B. HEALTH INTERVENTION</b>	B2.1	Obtain information from individuals about their health status and needs	CHS169 Comply with legal requirements for maintaining confidentiality in healthcare <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2820">http://tools.skillsforhealth.org.uk/competence/show/html/id/2820</a>
<b>D. INFORMATION MANAGEMENT / INFORMATION AND COMMUNICATION TECHNOLOGY</b>	D2.4	Maintain information / record systems	CFA_BAD332 Store and retrieve information using a filing system <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/4104">http://tools.skillsforhealth.org.uk/competence/show/html/id/4104</a>

<b>H. MANAGEMENT &amp; ADMINISTRATION</b>	H1.3.1	Contribute to the effectiveness of teams	SCDHSC0241 Contribute to the effectiveness of teams <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3509">http://tools.skillsforhealth.org.uk/competence/show/html/id/3509</a>
	H2.6	Receive and pass on messages and information	ESKITU020 Use digital communications <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/4150">http://tools.skillsforhealth.org.uk/competence/show/html/id/4150</a>

### Role Specific Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
<b>1. COMMUNICATION</b>	1.3	Support individuals to communicate	SCDHSC0370 Support the use of technological aids to promote independence <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3464">http://tools.skillsforhealth.org.uk/competence/show/html/id/3464</a>
	1.4	Develop relationships with individuals	SCDHSC0233 Develop effective relationships with individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3505">http://tools.skillsforhealth.org.uk/competence/show/html/id/3505</a>
	1.5	Provide information, advice and guidance	CHS58 Provide information and support to carers of individuals with long term conditions <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2234">http://tools.skillsforhealth.org.uk/competence/show/html/id/2234</a>
			CHS177 Advise on access to and use of services <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2320">http://tools.skillsforhealth.org.uk/competence/show/html/id/2320</a>
			SCDHSC0026 Support individuals to access information on services and facilities <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3536">http://tools.skillsforhealth.org.uk/competence/show/html/id/3536</a>
<b>3. HEALTH SAFETY &amp; SECURITY</b>	3.5.2	Protect individuals from abuse	SCDHSC0395 Contribute to addressing situations where there is risk of danger, harm or abuse <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3477">http://tools.skillsforhealth.org.uk/competence/show/html/id/3477</a>
<b>6. EQUALITY &amp; DIVERSITY</b>	6.2	Promote equality of opportunity and diversity	GEN109 Promote peoples' rights and encourage them to recognise their responsibilities <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3875">http://tools.skillsforhealth.org.uk/competence/show/html/id/3875</a>
<b>B. HEALTH INTERVENTION</b>	B3.1.1	Plan activities, interventions or treatments to achieve specified health goals	GEN112 Work with people to identify their needs for safety, support and engagement and how these needs can best be addressed <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3878">http://tools.skillsforhealth.org.uk/competence/show/html/id/3878</a>
	B3.4.2	Refer individuals to services for treatment and care	CHS99 Refer individuals to specialist sources of assistance in meeting their health care needs <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2262">http://tools.skillsforhealth.org.uk/competence/show/html/id/2262</a>
	B16.2	Support individuals who are distressed	SCDHSC0226 Support Individuals who are distressed <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3531">http://tools.skillsforhealth.org.uk/competence/show/html/id/3531</a>
	B16.4	Support individuals to retain, regain and develop the skills to manage their lives and	SCDHSC0426 Empower families, carers and others to support individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3494">http://tools.skillsforhealth.org.uk/competence/show/html/id/3494</a>

		environment	GEN111 Enable individuals, their family and friends to explore and manage change <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3877">http://tools.skillsforhealth.org.uk/competence/show/html/id/3877</a>
	B17	Work in collaboration with carers in the caring role	CHD HN3 Enable carers to access and assess support networks and respite services <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/706">http://tools.skillsforhealth.org.uk/competence/show/html/id/706</a>
			MH11.2012 Enable families to address issues with individuals' behaviour <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3379">http://tools.skillsforhealth.org.uk/competence/show/html/id/3379</a>
			SCDHSC0387 Work in partnership with carers to support individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3472">http://tools.skillsforhealth.org.uk/competence/show/html/id/3472</a>
	B17	(Contd..) Work in collaboration with carers in the caring role	SCDHSC0427 Assess the needs of carers and families <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3495">http://tools.skillsforhealth.org.uk/competence/show/html/id/3495</a>
	B18.3	Support individuals through bereavement	SCDHSC0384 Support individuals through bereavement <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3470">http://tools.skillsforhealth.org.uk/competence/show/html/id/3470</a>
<b>C. HEALTH PROMOTION &amp; PROTECTION</b>	C2.1	Encourage behavioural change in people and agencies to promote health and wellbeing	PHP42 Enable people to improve others' health and wellbeing <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2450">http://tools.skillsforhealth.org.uk/competence/show/html/id/2450</a>
	C2.3	Facilitate the development of community groups / networks	SCDHSC0331 Support individuals to develop and maintain social networks and relationships <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3442">http://tools.skillsforhealth.org.uk/competence/show/html/id/3442</a>
	C2.4	Enable people to address issues relating to their health and wellbeing	SCDHSC0330 Support individuals to use services and facilities <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3441">http://tools.skillsforhealth.org.uk/competence/show/html/id/3441</a>
			SCDHSC0366 Support individuals to represent their own wishes and needs at decision-making events <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3459">http://tools.skillsforhealth.org.uk/competence/show/html/id/3459</a>
	C2.6	Act on behalf of an individual, family or community (advocacy)	SCDHSC0368 Present individuals' preferences and needs <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3461">http://tools.skillsforhealth.org.uk/competence/show/html/id/3461</a>
			SCDHSC0410 Advocate with and on behalf of individuals <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3484">http://tools.skillsforhealth.org.uk/competence/show/html/id/3484</a>

<b>F. EDUCATION LEARNING &amp; RESEARCH</b>	F1.1.3	Develop learning and development sessions	LSILADD04 Plan and prepare specific learning and development opportunities <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/3170">http://tools.skillsforhealth.org.uk/competence/show/html/id/3170</a>
	F4.1	Determine the learning needs of individuals to enable management of their health & well being	PE6 Identify the learning needs of patients and carers to enable management of a defined condition <a href="http://tools.skillsforhealth.org.uk/competence/show/html/id/2106">http://tools.skillsforhealth.org.uk/competence/show/html/id/2106</a>

**Facets of Role (National Occupational Standards):**

Underpinning Principle	Reference Function		Competence
		None Assigned	



**Locality Specific Competences / National Occupational Standards:**

Underpinning Principle	Reference Function		Competence
		None Assigned	

### **Indicative Learning and Development**

Transferable roles may be underpinned by a range of learning and development activities to ensure both competence and role confidence. The learning and development included within the template is by nature indicative. In some cases it is endorsed by professional bodies and/or special interest groups and accredited by an awarding body.

<b>Transferable role</b>	<b>Supporting the Wellbeing of Carers</b>
<b>Formal endorsed learning</b>	
<b>Informal learning</b>	
<b>Summary of learning and development including aims and objectives</b>	
<b>Duration</b>	
<b>National Occupational Standards used</b>	As detailed within role outline. The performance criteria and knowledge statements in each NOS will form the basis for the development of specific learning outcomes for each person and may be used to develop generic learning outcomes for each module/unit of learning.
<b>Credits (including framework used)</b>	Wherever possible learning should be credit rated to enable transferability and progression
<b>Accreditation</b>	Wherever possible learning should be accredited by education providers, professional bodies or similar
<b>APEL and progression</b>	Wherever possible learning should be transferable through APEL and should enable progression to other formal learning
<b>Programme structure</b>	

<b>Continuous Professional Development</b>	<p>It is recognised that continuing professional development is an essential component to maintaining competent, safe practice at all levels of the career framework.</p> <p>The following is considered the minimum required to maintain competence within this role. Learning should be active, with the impact on service delivery clearly defined and agreed between the learner and their line manager. A range of methods for capturing the impact of learning may be used e.g. learning contracts, reflective accounts, productivity measures, appraisals systems and processes. Wherever possible learning should be accredited and/or credit rated and should focus on the needs of the individual in the role.</p>
<b>Resources required, e.g. placement learning, preceptors, accredited assessors etc</b>	
<b>Quality Assurance</b>	
<b>Policies included in learning programme documentation</b>	<p>For example:</p> <ul style="list-style-type: none"> <li>- Equal opportunities,</li> <li>- Accessibility</li> <li>- Teaching and learning</li> <li>- Assessment, internal verification and moderation</li> <li>- Appeals procedure</li> <li>- APEL processes</li> <li>- Staff development</li> <li>- Academic standards</li> <li>- Equality and diversity</li> <li>- E-safeguarding and Safeguarding</li> <li>- Health and safety</li> <li>- Grievance and disciplinary procedures</li> </ul>
<b>Funding</b>	<p>To be agreed locally</p>
<b>Leading to registration or membership with:</b>	<p>N/A</p>

**References & Further Information:**

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- Skills for Health and Skills for care 2014. Common Core Principles and competences for social care and health workers working with adults at the end of life
- Skills for Health and Skills for Care 2012 Carers Matter  
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- Audit Commission 2000 The Forget me Not Report
- DH 2011 Quality Outcomes for people with dementia: Building on the National Dementia Strategy