

Transferable Role Template

Career Framework Level 5

Dietitian

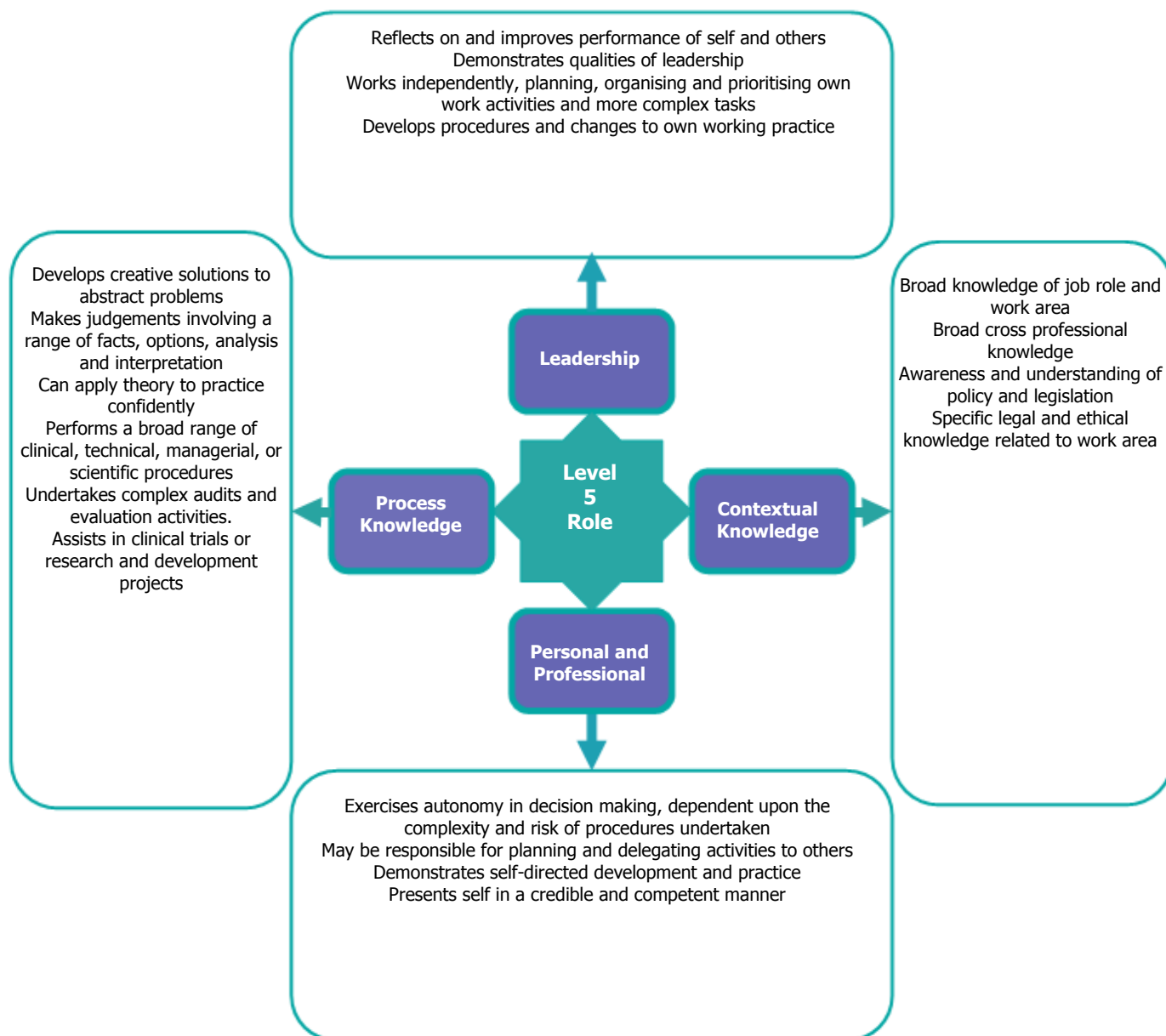
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Developers

SKILLS FOR HEALTH CAREER FRAMEWORK PROJECT

Level Descriptors

Key characteristics of a Level 5 Role



Definition of the Level 5 Role

People at level 5 will have a comprehensive, specialised, factual and theoretical knowledge within a field of work and an awareness of the boundaries of that knowledge.

They are able to use knowledge to solve problems creatively, make judgements which require analysis and interpretation, and actively contribute to service and self-development. They may have responsibility for supervision of staff or training.

Example of Role at Level 5

Practitioner:

Practitioners have a broad knowledge base in a particular field of practice which enables them to work with a considerable degree of autonomy. They may have line management responsibilities but will not be responsible for service delivery. They actively use research findings to enhance and underpin their practice. A practitioner is competent in their area of practice and will seek opportunities to improve the service they offer.

These characteristics have been developed by Skills for Health working with employers and other stakeholders.

Basic Information:

Named Role	Dietitian
Area of work	Community NHS Or Local Authority Or Independent, Hospital NHS Or Independent, Public Health
Role Family	AHPs
Experience required	N/A
Career Framework Level	5

Summary of Role

To provide and develop an effective and evidence-based general dietetic service to designated wards and outpatient clinics.

Scope of the Role

To provide and develop an effective and evidence-based general dietetic service to designated wards and outpatient clinics. This means providing expert advice to patients, carers and clinicians about the most effective nutritional treatment ensuring special diets and artificial nutrition to meet or exceed all nutrient requirements despite significant dietary or medical restrictions; liaising with members of the health care team in hospital and in the community to ensure they are fully informed and able to support the patient in implementing the appropriate nutritional prescription/management for their condition.

To be responsible for and manage a defined clinical caseload.

The caseload will include straightforward cases which the post-holder will be expected to manage with minimal supervision together with more complex cases which the post-holder will manage with regular supervision from a more senior dietitian

To undertake nutritional assessment of patients based on history taking and interpretation of biochemistry and other diagnostic tests, anthropometry and clinical condition

To develop nutritional care plans which are both realistic and practical for the patient and carers, taking into account medical, social, cultural and psychological factors

To ensure that patients and their carers understand their condition/diagnosis, the options for nutritional treatment and the implications of compliance or non-compliance.

To discuss and agree dietary and medical targets

To facilitate behaviour change and negotiate dietary and lifestyle changes with patients, enabling them to achieve agreed dietary and medical targets even where there are significant psychological, social or cultural hurdles to overcome. This will be aided by professional training in counselling, motivational approaches and behaviour change

To monitor and review the outcomes of nutritional and behaviour change interventions and adjust care plans to facilitate achievement of required goals

To act on the findings of dietetic assessment and planning, liaising as necessary with members of the health care team in hospital and in the community to support the client in implementing appropriate nutritional prescription/management for their condition.

To attend and actively participate in ward rounds and MDT meetings to provide expert nutrition and dietetic opinion and communicate with other health professionals to contribute to the most effective treatment and safe discharge of patients

Take steps to develop and maintain effective working relationships with other members of the MDT and wider care teams.

Within defined caseload, to review patients prior to insertion of NG or PEG tube.

To supervise and co-ordinate, on behalf of the MDT, all aspects of the safe and timely discharge of patients on artificial nutrition support.

To maintain adequate written records and statistics of all assessments and interventions, and to record and submit clinical and professional activity data, according to departmental and national standards.

To ensure that all records are stored securely

To prescribe nutritional items from the Dietetic Formulary and to advise on their safe usage.

To take responsibility for the monitoring of patients who are prescribed specialist non Formulary nutritional products.

In conjunction with colleagues, to review, update, produce or procure educational resources which are acceptable to users of the service and their carers.

To evaluate resources to ensure they are effective.

To be trained to advise and deliver training on safe usage of enteral feeding pumps to ward-based staff, patients and carers

To be able to state Trust enteral nutrition policy.

To be able to set up an enteral feed and advise medical and nursing staff, patients and carers about safe placement of enteral feeding tubes (NG, PEG, jejunal)

Attend and contribute to dietetic team meetings being responsible both for chairing and for taking minutes on a rotational basis

To plan, deliver and evaluate formal and informal training in general dietetics and nutrition to other health care professionals and staff groups

To plan, deliver and evaluate training to pre-registration student dietitians and return-to-practice dietitians including providing clinical supervision if required.

To plan, deliver and evaluate education and training to patient groups such as the coronary rehabilitation course and patients with respiratory disease

To ensure that practice is evidence-based and complies with current guidelines for good practice. Where an evidence base or current guidelines do not exist, to seek advice from a dietitian with greater experience

To undertake simple audits of own practice and disseminate the results to the dietetic team, MDT and other relevant parties through the Trust clinical governance system

To actively participate in appraisal and IPR

To be responsible for maintaining own CPD and competence to practise in line with HPC guidelines

Level 5 Core Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
1. COMMUNICATION	1.2	Communicate effectively	GEN97 Communicate effectively in a healthcare environment http://tools.skillsforhealth.org.uk/competence/show/html/id/3001
2. PERSONAL & PEOPLE DEVELOPMENT	2.1.1	Develop your own practice	GEN13 Synthesise new knowledge into the development of your own practice http://tools.skillsforhealth.org.uk/competence/show/html/id/376
			CFAM&LAA3 Develop and maintain your professional networks http://tools.skillsforhealth.org.uk/competence/show/html/id/3770
	2.1.2	Reflect on your own practice	GEN23 Monitor your own work practices http://tools.skillsforhealth.org.uk/competence/show/html/id/2051
			SCDHSC0033 Develop your practice through reflection and learning http://tools.skillsforhealth.org.uk/competence/show/html/id/3415
	2.2.1	Support the development of the knowledge and practice of individuals	SCDHSC0043 Take responsibility for the continuing professional development of yourself and others http://tools.skillsforhealth.org.uk/competence/show/html/id/3481
3. HEALTH SAFETY & SECURITY	3.5.1	Ensure your own actions reduce risks to health and safety	IPC2.2012 Perform hand hygiene to prevent the spread of infection http://tools.skillsforhealth.org.uk/competence/show/html/id/3309
			PROHSS1 Make sure your own actions reduce risks to health and safety http://tools.skillsforhealth.org.uk/competence/show/html/id/3327
			PMWRV1 Make sure your actions contribute to a positive and safe working culture http://tools.skillsforhealth.org.uk/competence/show/html/id/4027
	3.5.2	Protect individuals from abuse	SCDHSC0024 Support the safeguarding of individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/3518
4. SERVICE IMPROVEMENT	4.6	Promote service improvement	CFAM&LCA1 Identify and evaluate opportunities for innovation and improvement http://tools.skillsforhealth.org.uk/competence/show/html/id/3783
5. QUALITY	5.1.1	Act within the limits of your competence and authority	GEN63 Act within the limits of your competence and authority http://tools.skillsforhealth.org.uk/competence/show/html/id/85
	5.1.2	Manage and organise your own time and activities	HT4 Manage and organise your own time and activities http://tools.skillsforhealth.org.uk/competence/show/html/id/2501

6. EQUALITY & DIVERSITY	6.1	Ensure your own actions support equality of opportunity and diversity	SCDHSC0234 Uphold the rights of individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/3506
	6.2	Promote equality of opportunity and diversity	SCDHSC3111 Promote the rights and diversity of individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/3540
B. HEALTH INTERVENTION	B2.1	Obtain information from individuals about their health status and needs	CHS169 Comply with legal requirements for maintaining confidentiality in healthcare http://tools.skillsforhealth.org.uk/competence/show/html/id/2820
D. INFORMATION MANAGEMENT / INFORMATION AND COMMUNICATION TECHNOLOGY	D2.4	Maintain information / record systems	CFA_BAD332 Store and retrieve information using a filing system http://tools.skillsforhealth.org.uk/competence/show/html/id/4104
H. MANAGEMENT & ADMINISTRATION	H1.3.1	Contribute to the effectiveness of teams	SCDHSC0241 Contribute to the effectiveness of teams http://tools.skillsforhealth.org.uk/competence/show/html/id/3509
	H1.3.2	Develop relationships with individuals	CFAM&LDD1 Develop and sustain productive working relationships with colleagues http://tools.skillsforhealth.org.uk/competence/show/html/id/3787
	H2.6	Receive and pass on messages and information	ESKITU020 Use digital communications http://tools.skillsforhealth.org.uk/competence/show/html/id/4150

Role Specific Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
1. COMMUNICATION	1.2	Communicate effectively	SCDHSC0031 Promote effective communication http://tools.skillsforhealth.org.uk/competence/show/html/id/3413
	1.3	Support individuals to communicate	SCDHSC0021 Support effective communication http://tools.skillsforhealth.org.uk/competence/show/html/id/3515
	1.4	Develop relationships with individuals	SCDHSC0233 Develop effective relationships with individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/3505
	1.5	Provide information, advice and guidance	GEN14 Provide advice and information to individuals on how to manage their own condition http://tools.skillsforhealth.org.uk/competence/show/html/id/377
			CHS148 Provide information and advice to individuals on eating to maintain optimum nutritional status http://tools.skillsforhealth.org.uk/competence/show/html/id/2741

2. PERSONAL & PEOPLE DEVELOPMENT	2.1.1	Develop your own practice	GEN12 Reflect on and evaluate your own values, priorities, interests and effectiveness http://tools.skillsforhealth.org.uk/competence/show/html/id/375
3. HEALTH SAFETY & SECURITY	3.5.1	Ensure your own actions reduce risks to health and safety	GEN96 Maintain health, safety and security practices within a health setting http://tools.skillsforhealth.org.uk/competence/show/html/id/2859
			IPC3.2012 Clean, disinfect and remove spillages of blood and other body fluids to minimise the risk of infection http://tools.skillsforhealth.org.uk/competence/show/html/id/3362
			IPC4.2012 Minimise the risk of spreading infection by cleaning, disinfection and storing care equipment http://tools.skillsforhealth.org.uk/competence/show/html/id/3363
			IPC5.2012 Minimise the risk of exposure to blood and body fluids while providing care http://tools.skillsforhealth.org.uk/competence/show/html/id/3364
			IPC6.2012 Use personal protective equipment to prevent the spread of infection http://tools.skillsforhealth.org.uk/competence/show/html/id/3365
	3.5.1	(Contd..) Ensure your own actions reduce risks to health and safety	IPC7.2012 Safely dispose of healthcare waste, including sharps, to prevent the spread of infection http://tools.skillsforhealth.org.uk/competence/show/html/id/3366
			IPC12.2012 Minimise the risk of spreading infection when storing and using clean linen http://tools.skillsforhealth.org.uk/competence/show/html/id/3368
			IPC9.2012 Minimise the risk of spreading infection when removing used linen http://tools.skillsforhealth.org.uk/competence/show/html/id/3371
			SCDHSC0022 Support the health and safety of yourself and individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/3516
B. HEALTH INTERVENTION	B3.1.1	Plan activities, interventions or treatments to achieve specified health goals	CHS41 Determine a treatment plan for an individual http://tools.skillsforhealth.org.uk/competence/show/html/id/219
			CHS93 Agree a dietary plan for patients with a specified medical condition http://tools.skillsforhealth.org.uk/competence/show/html/id/1955

	B3.6.2	Monitor an individual's progress in managing health conditions	CHS92 Review and monitor a patient's nutritional wellbeing http://tools.skillsforhealth.org.uk/competence/show/html/id/2257
			CHS149 Monitor and review individuals progress in relation to maintaining optimum nutritional status http://tools.skillsforhealth.org.uk/competence/show/html/id/2742
	B7	Interpret and report on findings from investigations	CHS83 Interpret the findings of healthcare investigations http://tools.skillsforhealth.org.uk/competence/show/html/id/2249
	B8.1	Undertake physiological measurements	CHS19.2012 Undertake routine clinical measurements http://tools.skillsforhealth.org.uk/competence/show/html/id/3399
	B8.2	Investigate system/organ function	HCS5 Investigate the structure function or performance of an organ or physiological system http://tools.skillsforhealth.org.uk/competence/show/html/id/2865
	B11.1	Insert and secure medical devices to enable administration or drainage of fluids/air/other substances	CHS15 Insert and secure nasogastric tubes http://tools.skillsforhealth.org.uk/competence/show/html/id/344
	B11.2	Maintain fluid levels and balance in individuals	CHS17.2012 Carry out extended feeding techniques to ensure individuals nutritional and fluid intake http://tools.skillsforhealth.org.uk/competence/show/html/id/3398
	B15.7	Administer nutritional products to individuals	CHS147 Administer oral nutritional products to individuals http://tools.skillsforhealth.org.uk/competence/show/html/id/2740
F. EDUCATION LEARNING & RESEARCH	F2.1	Deliver learning and development programmes	GEN18 Give presentations to groups http://tools.skillsforhealth.org.uk/competence/show/html/id/381
G. MEDICAL DEVICES PRODUCTS & EQUIPMENT	G3.6	Set up equipment, medical devices and products	CHS224 Set up equipment to monitor physiological function http://tools.skillsforhealth.org.uk/competence/show/html/id/2849
H. MANAGEMENT & ADMINISTRATION	H1.3.3	Manage multi-agency collaborative working	GEN27 Develop, sustain and evaluate collaborative working with other organisations http://tools.skillsforhealth.org.uk/competence/show/html/id/2206

Facets of Role (National Occupational Standards):

Underpinning Principle	Reference Function		Competence
		None Assigned	

Locality Specific Competences / National Occupational Standards:

Underpinning Principle	Reference Function		Competence
		None Assigned	

Indicative Learning and Development

Transferable role	Dietitian
Formal endorsed learning	
Informal learning	
Summary of learning and development including aims and objectives	
Duration	
National Occupational Standards used	
Credits (including framework used)	
Accreditation	
APEL and progression	
Programme structure	
Continuous Professional Development	Not specified
Resources required, e.g. placement learning, preceptors, accredited assessors etc	
Quality Assurance	
Policies included in learning programme documentation	
Funding	
Leading to registration or membership with:	

References & Further Information:

N/A