

SCDHSC0235

Enable individuals to make their way around specific places



Overview

This standard identifies the requirements when supporting individuals to make their way around specific places safely and effectively. This includes working with individuals to assess their ability to move around specific places, supporting them to move around and then contributing to the evaluation of agreed actions and activities.

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Performance criteria

Work with the individual to complete assessments for making their way around specific places

You must be able to:

- P1 access information and advice that will help you work with the **individual** to assess their skills and abilities in making their way around **specific places**
- P2 support the individual to identify the outcomes they want to achieve in making their way around specific places and the skills and abilities they have for doing so
- P3 support the individual to **communicate** their preferences in relation to making their way around specific places, taking account of their desired outcomes, their specific needs and any **aids** that are required
- P4 work with the individual to identify the environmental barriers presented by specific places
- P5 support the individual to identify barriers that relate to their own circumstances or needs
- P6 work with the individual to assess the risks involved in making their way around specific places
- P7 support the individual and **key people** to identify existing networks which could provide support and any additional support required
- P8 seek additional support for assessments outside your competence
- P9 record assessments within confidentiality agreements and according to legal and work setting requirements

Support the individual to make their way around specific places

You must be able to:

- P10 work in ways that promote **active participation** to support the individual in making their way around specific places, taking account of their preferences, needs and agreed actions or activities
- P11 support the individual to use what they have learned to enhance their movement around specific places
- P12 support the individual to identify and explore barriers to progress
- P13 support the individual to adapt existing skills to enable them to move around specific places
- P14 give positive and constructive feedback to the individual when they are carrying out agreed actions or activities
- P15 offer encouragement to the individual when they are having difficulties
- P16 seek additional help and advice for any problems that you are not competent to deal with
- P17 support the individual and key people to identify further actions,

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activities and help that could assist the individual to make their way around specific places

Contribute to the evaluation of actions and activities to enhance mobility

You must be able to:

- P18 seek feedback from the individual, key people and **others** about the actions or activities the individual has undertaken
- P19 seek feedback from the individual, key people and others about the actions or activities undertaken and how well they helped to achieve desired outcomes
- P20 use your own observations to note progress achieved
- P21 check with the individual and others that your observations are accurate
- P22 seek feedback from the individual, key people and others about the support you have given
- P23 work with the individual to evaluate their progress and identify anything that could help further
- P24 provide feedback on your observations to the appropriate people, indicating where changes could be made to help future progress
- P25 seek additional help and advice in areas where you are not competent to contribute
- P26 report on observations, evaluations and outcomes, within confidentiality agreements and according to legal and work setting requirements

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Knowledge and understanding

You need to know and understand:

Rights

- K1 work setting requirements on equality, diversity, discrimination and rights
- K2 your role supporting rights, choices, wellbeing and active participation
- K3 your duty to report anything you notice people do, or anything they fail to do, that could obstruct individuals' rights
- K4 the actions to take if you have concerns about discrimination
- K5 the rights that individuals have to make complaints and be supported to do so

You need to know and understand:

How you carry out your work

- K6 codes of practice, standards, frameworks and guidance relevant to your work and the content of this standard
- K7 the main items of legislation that relate to the content of this standard within your work role
- K8 your own background, experiences and beliefs that may affect the way you work
- K9 your own roles and responsibilities with their limits and boundaries
- K10 who you must report to at work
- K11 the roles and responsibilities of other people with whom you work
- K12 how to find out about procedures and agreed ways of working in your work setting
- K13 how to make sure you follow procedures and agreed ways of working
- K14 the meaning of person centred working and the importance of knowing and respecting each person as an individual
- K15 the prime importance of the interests and well-being of the individual
- K16 the individual's cultural and language context
- K17 how to work in ways that build trust with people
- K18 how to work in ways that support the active participation of individuals in their own care and support
- K19 how to work in ways that respect individuals' dignity, personal beliefs and preferences
- K20 how to work in partnership with people
- K21 what you should do when there are conflicts and dilemmas in your work

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- K22 how and when you should seek support in situations beyond your experience and expertise

Theory for practice

You need to know and understand:

- K23 the **factors that may affect the health, wellbeing and development of individuals** you care for or support
- K24 how these affect individuals and how they may affect different individuals differently
- K25 the main stages of human development

Communication

You need to know and understand:

- K26 factors that can have a positive or negative effect on the way people communicate
- K27 different methods of communicating

Personal and professional development

You need to know and understand:

- K28 why it is important to reflect on how you do your work
- K29 how to use your reflections to improve the way you work

Health and Safety

You need to know and understand:

- K30 your work setting policies and practices for health, safety and security
- K31 practices that help to prevent and control infection in the context of this standard

Safe-guarding

You need to know and understand:

- K32 the duty that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices
- K33 signs and symptoms of harm or abuse
- K34 how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties
- K35 what to do if you have reported concerns but no action is taken to address them

Handling information

You need to know and understand:

- K36 legal requirements, policies and procedures for the security and confidentiality of information

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- K37 work setting requirements for recording information and producing reports including the use of electronic communication
- K38 what confidentiality means
- K39 how to maintain confidentiality in your work
- K40 when and how to pass on information

Specific to this NOS

You need to know and understand:

- K41 the types of injuries, disabilities, illnesses and other factors for people needing to be supported to learn how to move around specific places effectively
- K42 the type of aids that are available to meet the needs of the individual
- K43 the type of **obstacles** that an individual will need to negotiate to assist them, as far as they are able, to maintain their independence within specific places
- K44 health and safety issues and potential hazards and risks when supporting an individual to move around specific places
- K45 how to support the development and evaluation of individualised programmes, taking account of the needs, circumstances and preferences of the individual
- K46 how to identify and set up specific places to meet the needs, circumstances and preferences of the individual to minimise and manage risks
- K47 how to support the individual safely and ways of helping the individual to negotiate and minimise hazards and risks in different specific places
- K48 actions to take when you observe key changes in the condition and circumstances of the individual
- K49 national and local guidance on falls prevention and factors that impact on falls

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Additional Information

Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

Note: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

Active participation is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each individual's right to participate in the activities and relationships of everyday life as independently as possible.

Aids may include: walking sticks; walking frames; wheel chairs; guide dogs

To **communicate** may include using the individual's preferred spoken language, the use of signs, the use of symbols or pictures, writing, objects of reference, communication passports, other non verbal forms of communication, human and technological aids to communication

Specific places may include indoor areas such as home or work; outdoor areas especially routes regularly used; and social environments where people wish to pursue their interests

The **individual** is the person you support or care for in your work

Key people are those who are important to an individual and who can make a difference to his or her well-being. Key people may include family, friends, carers and others with whom the individual has a supportive relationship

Others are your colleagues and other professionals whose work contributes to the individual's well-being and who enable you to carry out your role.

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Scope/range related to knowledge and understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

All knowledge statements must be applied in the context of this standard.

Factors that may affect the health, wellbeing and development of individuals may include adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

Obstacles may include plants; vehicles; doors; stairs; furniture

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Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves

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