

## SCDHSC0223

### Contribute to moving and positioning individuals



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#### Overview

This standard identifies the requirements when you contribute to moving individuals or assisting them to position themselves. This includes preparing the individual, yourself and the environment beforehand, assisting with the process itself and supporting the individual's comfort, safety and dignity throughout.

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### Performance criteria

*You must be able to:*

#### Prepare to contribute to the moving and positioning of individuals

- P1 make yourself ready by washing your hands and ensuring that your clothing and footwear are safe for moving or positioning an **individual**
- P2 check the individual's **care or support plan** and moving and positioning **risk** assessments before beginning the activity
- P3 support the individual to **communicate** the level of support they require for the move
- P4 ensure that the individual understands the reason for being moved or positioned in a particular way
- P5 assess any immediate risks to the individual
- P6 seek advice from appropriate people before moving or positioning the individual, where you think there is a risk that you cannot deal with
- P7 communicate with the individual to agree how best they can co-operate in the procedure
- P8 seek support from appropriate people where the individual's preferences conflict with safe practice
- P9 prepare the immediate environment for the proposed move in agreement with all concerned, removing any potential **hazards**
- P10 select agreed **moving and positioning equipment**
- P11 ensure the agreed moving and positioning equipment is safe and clean
- P12 seek appropriate assistance to enable you to move and position the individual safely

#### Assist individuals to move from one position to another

*You must be able to:*

- P13 encourage the individual's **active participation** in the moving process
- P14 change the individual's position in ways that minimise pain, discomfort and friction and maximise their independence, self respect and dignity
- P15 take account of the individual's preferences and needs and their advice on the most appropriate methods and equipment when assisting them to move
- P16 use moving and positioning methods appropriate to the individual's condition, your personal limits and the equipment available
- P17 where you are moving and changing the individual's position with someone else's help, co-ordinate your own actions with theirs
- P18 observe the individual while you are assisting them, to identify any

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- changes that occur
- P19 report immediately any significant changes in the individual's condition, following legal and work setting requirements
- P20 return furniture and fittings to their correct location when the activity is complete
- P21 ensure moving and positioning equipment is clean, safe, returned to its designated location and ready for future use
- P22 wash your hands and dispose safely of any protective items used
- P23 record details of methods for moving and positioning that the individual prefers or finds acceptable, in line with legal and work setting requirements

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### Knowledge and understanding

*You need to know and understand:*

#### Rights

- K1 work setting requirements on equality, diversity, discrimination and rights
- K2 your role in supporting rights, choices, wellbeing and active participation
- K3 your duty to report anything you notice people do, or anything they fail to do, that could obstruct individuals' rights
- K4 the actions to take if you have concerns about discrimination
- K5 the rights that individuals have to make complaints and be supported to do so

#### How you carry out your work

*You need to know and understand:*

- K6 codes of practice, standards, frameworks and guidance relevant to your work and the content of this standard
- K7 the main items of legislation that relate to the content of this standard within your work role
- K8 your own background, experiences and beliefs that may affect the way you work
- K9 your own roles and responsibilities with their limits and boundaries
- K10 who you must report to at work
- K11 the roles and responsibilities of other people with whom you work
- K12 how to find out about procedures and agreed ways of working in your work setting
- K13 how to make sure you follow procedures and agreed ways of working
- K14 the meaning of person centred working and the importance of knowing and respecting each person as an individual
- K15 the prime importance of the interests and well-being of the individual
- K16 the individual's cultural and language context
- K17 how to work in ways that build trust with people
- K18 how to work in ways that support the active participation of individuals in their own care and support
- K19 how to work in ways that respect individuals' dignity, personal beliefs and preferences
- K20 how to work in partnership with people
- K21 what you should do when there are conflicts and dilemmas in your work
- K22 how and when you should seek support in situations beyond your

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experience and expertise

### Theory for practice

*You need to know and understand:*

- K23 the **factors that may affect the health, wellbeing and development of individuals** you care for or support
- K24 how these affect individuals and how they may affect different individuals differently
- K25 the main stages of human development

### Communication

*You need to know and understand:*

- K26 factors that can have a positive or negative effect on the way people communicate
- K27 different methods of communicating

### Personal and professional development

*You need to know and understand:*

- K28 why it is important to reflect on how you do your work
- K29 how to use your reflections to improve the way you work

### Health and Safety

*You need to know and understand:*

- K30 your work setting policies and practices for health, safety and security
- K31 practices that help to prevent and control infection in the context of this standard

### Safe-guarding

*You need to know and understand:*

- K32 the duty that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices
- K33 signs and symptoms of harm or abuse
- K34 how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties
- K35 what to do if you have reported concerns but no action is taken to address them

### Handling information

*You need to know and understand:*

- K36 legal requirements, policies and procedures for the security and confidentiality of information
- K37 work setting requirements for recording information and producing

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- reports including the use of electronic communication
- K38 what confidentiality means
- K39 how to maintain confidentiality in your work
- K40 when and how to pass on information

*You need to know and understand:*

### **Specific to this NOS**

- K41 the effect which personal beliefs and preferences may have on individuals' preferences for moving and positioning
- K42 why individuals' preferences on the way they are moved and positioned should be taken into account
- K43 issues to consider when working intimately with individuals
- K44 how to access up to date copies of risk assessments relating to moving and positioning each individual
- K45 key changes in the conditions of individuals and actions to take in these circumstances
- K46 different types of equipment and machinery which are available for moving and positioning
- K47 factors that need to be taken account of when using moving and positioning equipment and machinery
- K48 why it is important to prepare the environment for moving and positioning prior to starting the activity
- K49 why it is important to use safe moving techniques, adhere to risk assessments and other information about moving and positioning specific individuals
- K50 potential risks to individuals, those assisting in the moving and positioning, others within the environment and the environment itself if moving and positioning is not carried out correctly, including procedures prior to, during and after you assist individuals to move
- K51 sources of further help for moving and positioning individuals in different health, social or care settings
- K52 why individuals are moved to different positions
- K53 how to co-ordinate action when moving and positioning as part of a team
- K54 why individuals should not be dragged and the relation between this and the prevention of pressure sores
- K55 national and local guidance on falls prevention and factors that impact on falls
- K56 why the environment should be restored after the change of position
- K57 why it is important to maintain your own cleanliness and hygiene prior to, during and following moving and positioning individuals

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### Additional Information

#### Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

Note: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

**Active participation** is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each individual's right to participate in the activities and relationships of everyday life as independently as possible

A **care or support plan** is a formal plan that must be developed and agreed with the individual and/or those who are able to represent the individual's best interests. It addresses the holistic needs of the individual and contains information on all aspects of that person's care requirements. The care or support plan must underpin the individual's care and support within any health or social care setting.

To **communicate** may include using the individual's preferred spoken language, the use of signs, the use of symbols or pictures, writing, objects of reference, communication passports, other non verbal forms of communication, human and technological aids to communication

A **hazard** is something with potential to cause harm

The **individual** is the person you support or care for in your work

**Moving and positioning equipment** may include hoists, slides, slide sheets, slings, pillows

A **risk** takes account of the likelihood of a hazard occurring and may include the possibility of danger, damage or destruction to the environment and goods; the possibility of injury and harm to people

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### Scope/range related to knowledge and understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

**All knowledge statements must be applied in the context of this standard.**

**Factors that may affect the health, wellbeing and development** of individuals may include adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

### Values

Adherence to codes of practice that apply to your job role, and the principles and values that underpin your work setting including the rights of children and adults. These include the rights that individuals have:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves



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<b>Validity</b>	Current
<b>Status</b>	Original
<b>Originating organisation</b>	Skills for Care & Development
<b>Original URN</b>	HSC223
<b>Relevant occupations</b>	Health, Public Services and Care; Health and Social Care; Associate Professionals and Technical Occupations; Health and Social Services Officers; Health Associate Professionals; Personal Service Occupations; Healthcare and Related Personal Services;
<b>Suite</b>	Health and Social Care
<b>Key words</b>	contribute, assist, reposition, handle