



## CNH19 Review and evaluate homeopathic treatment, case management and practice development

### OVERVIEW

This standard is about reviewing homeopathic treatment, case management and practice development.

Users of this standard will need to ensure that practice reflects up to date information and policies.

Version No 1

### KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. Homeopathic concepts of health, disease and progress in treatment
2. Principles of direction of cure and return of symptoms
3. Maintaining, suppressing and antidoting factors
4. Principles and methods for recognising the effects of simillimum, similar and non-similar remedies on individuals symptoms
5. Factors to consider in deciding appropriate action following a review
6. Effective ways of enabling individuals to evaluate response to treatment
7. Discerning the appropriate information to include in recording the content and outcomes of the review process
8. Ways of managing cases over varying periods of time
9. Appropriate circumstances for referral or discontinuation of treatment
10. Ways of identifying areas for practice development and how to access it
11. How to engage in, reflect on and evaluate practice development activities
12. Ways of recognizing the need for mentoring and/or supervision
13. Different research methodologies and findings, and their relevance to practice

### PERFORMANCE CRITERIA

You must be able to do the following:

1. encourage individuals to:
  1. take a full and active part in the review process
  2. reflect on further insights they may have in relation to their health and well-being
  3. offer their opinions on the homeopathic treatment
2. evaluate and reflect on progress towards agreed goals in the light of homeopathic principles
3. explain and explore with the individual the outcomes of this evaluation
4. offer individuals the opportunity to think through this information and respond to it
5. decide the next step in managing the case, reflecting the outcomes of the review and jointly agree a way forward
6. communicate information to others as appropriate, on the outcomes of the treatment and its review bearing in mind:
  1. the interests of the individual and agreements made with them
  2. any inherent risks
  3. the legal duty of care
7. keep accurate, legible and complete records of the review process
8. use the knowledge and understanding gained from working with the individual to inform future management of their case
9. demonstrate a commitment to reflect on practice and deepen homeopathic understanding and integrate this with clinical practice
10. use homeopathy research findings to develop clinical practice

## **ADDITIONAL INFORMATION**

This National Occupational Standard was developed by Skills for Health.

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

This standard has replaced HM2.

### **Related Functions**

Principles of Good Practice

CNH1 Explore and establish the client's needs for complementary and natural healthcare

CNH2 Develop and agree plans for complementary and natural healthcare with clients