

## CS6.2015 Implement care plans to meet the needs of children and young people

### OVERVIEW

This standard is about working with children and young people and those involved in their care to implement and monitor their care plans. Although other practitioners will be involved in the process, the focus of this standard is on supporting the child or young person to take an active part in the care plan. The practitioner will also monitor implementation of the care plan to ensure that any issues or changing needs are identified and addressed as soon as possible. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 2

### KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. legal, organisational and policy requirements relevant to your role and the activities being carried out
2. the nature, extent and boundaries of your work role and its relationship to others in your own and other organisations
3. the roles of other practitioners working with children, young people and families and how they relate between and across agencies
4. the importance of effective multi-agency working
5. the ethical issues, legal requirements and good practice guidelines on consent, including capacity issues and consent for children and young people
6. the principle of confidentiality and the implications for your practice
7. how to recognise and respond to the signs of injury, abuse or neglect and your responsibility in relation to raising concerns with the appropriate person or agency
8. local systems, procedures and protocols for safeguarding children, young people and vulnerable adults
9. the principles of equality, diversity and anti-discriminatory practice and how they are applied
10. the duty to report any acts or omissions in care that could be detrimental to the child or young person
11. the rights of children and young people to make decisions for themselves and to take risks in the context of their own lives, taking into account issues of capacity and your professional responsibility
12. the importance of adopting a child/young person centred approach
13. how to engage with and communicate effectively with children and young people, and

- those involved in their care
- 14.the need for communication to be modified for different contexts and cultures, including the age, vulnerability, understanding, developmental capacity and communication needs and preferences of the child or young person and those involved in their care
  - 15.the ways in which children and young people communicate non-verbally and through behaviour, as well as through language, and how different forms of behaviour can be interpreted
  - 16.the conditions and issues affecting children and young people in your area of practice and how they can inter-relate
  - 17.child and young people's development, including emotional, physical, and social how they affect one another
  - 18.how the behaviour needs of children and young people may affect others
  - 19.the effect of parenting capacity, family, environment and cultural influences on the health and wellbeing of children and young people
  - 20.the factors that contribute to the risk of harm to children and young people
  - 21.the guidance that is available for your own practice and where to access this
  - 22.current issues, research and evidence based practice relevant to your role
  - 23.local sources of health and well-being information, advice and support for children and young people, and those involved in their care
  - 24.the importance of involving the child or young person and those involved in their care in implementing their care plan and how to do this
  - 25.the care plan, the interventions required and methods for using these effectively
  - 26.how to encourage and support the child or young person, and those involved in their care, to take an active role in implementing the care plan
  - 27.how to monitor implementation of care plans, including risks and key outcomes and how to evaluate each of the different interventions
  - 28.how to monitor and review significant changes within agreed timescales that might impact on delivery of the care plan
  - 29.the importance of keeping full and accurate records, and how to do so in line with organisational requirements

## PERFORMANCE CRITERIA

You must be able to do the following:

- 1.communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding, developmental capacity and preferences
- 2.identify and respect the child's or young person's privacy, confidentiality, rights and wishes
- 3.provide support to the child or young person to enable them to take an active part in decisions affecting them
- 4.implement the agreed care plan in partnership with the child or young person and those involved in their care
- 5.actively encourage the child or young person to participate appropriately in their care plan and promote their own health and well-being
- 6.provide advice and support to the child or young people and those involved in their

- care to enable them to manage all agreed aspects of self-care
- 7.monitor implementation of the care plan within agreed timescales, including a contingency plan or earlier review if required, in partnership with the child or young person and those involved in their care
  - 8.ensure the child or young person's needs are re-assessed at appropriate intervals or stages
  - 9.identify any significant changes which may affect the care plan and discuss the implications with the child or young person and those involved in their care
  - 10.agree and implement appropriate action in response to any significant changes
  - 11.produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information

## **ADDITIONAL INFORMATION**

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):Dimension: HWB2 Assessment and care planning to meet health and wellbeing needs