

## CNH17 Prescribe homeopathic treatment for individuals

### OVERVIEW

This standard is about prescribing homeopathic treatment for individuals. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 1

### KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. principles of different prescribing methodologies and their application
2. the links between case evaluation and selection of a prescribing methodology
3. the connections between the vitality and circumstances of the individual and appropriate treatment planning
4. ways of building review, reflection and evaluation into treatment planning
5. characteristics of major remedy pictures
6. sources of information on less commonly used and new remedies, and how to access and use these resources
7. relationships between different remedies and/or classes, groups and families of remedies
8. affinities of remedies for particular symptoms, sensations and functions
9. possible contra-indications for particular remedies and potencies in particular conditions
10. how to interpret, analyse, evaluate and synthesise the patterns and essential characteristics of remedy pictures from materia medica, provings and clinical observation
11. the variety of content, structure and approach of different materia medica, and the benefits and limitations of each
12. the variety of repertories available, and how to use them, being aware of their relative value and limitations
13. principles of selecting remedies - ie matching remedy pictures and symptom pictures
14. principles of differential diagnosis and remedy selection
15. the importance of taking a critical approach in relation to remedy selection
16. principles of minimum dose and repetition of dose
17. factors to consider when choosing potency and dose tailored to the individual's needs
18. remedy actions, reactions and interactions
19. terminology and abbreviations used for describing dilutions and potencies

20. forms in which remedies are available

## PERFORMANCE CRITERIA

You must be able to do the following:

1. evaluate remedies and differentiate between those which are indicated in the case
2. select the remedy or remedies which are most appropriate for the individual and the stage of their homeopathic treatment
3. select a prescribing methodology appropriate for the individual and consistent with the overall treatment plan
4. identify factors which influence choice of potency, dose or form of prescription
5. explain the remedy choice and possible responses in an appropriate manner, level and pace
6. prescribe the potency, dose and form of remedy most likely to give optimum benefit for the individual given their symptom picture, homeopathic treatment goals and their wishes
7. explain to the individual their responsibilities in taking the remedies and encourage them to:
  1. monitor their condition and response to the remedy
  2. note any changes in their health and well-being
  3. contact the practitioner at an appropriate time if they have any concerns or queries in relation to their treatment
8. accurately record information on the remedy chosen and the rationale for its choice

## ADDITIONAL INFORMATION

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004): Dimension: HWB7 Interventions and treatments. This standard has replaced HM2. Related Functions: Principles of Good Practice CNH1 Explore and establish the client's needs for complementary and natural healthcare; CNH2 Develop and agree plans for complementary and natural healthcare with clients.