

CHS89 Evaluate treatment plans with individuals and those involved in their care

OVERVIEW

This standard is about reviewing and evaluating treatment plans with individuals and those involved in their care. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 1

KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. How to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
2. How to establish an understanding of an individual's values, beliefs and interests
3. How to ask questions, listen carefully and summarise back
4. Methods of communicating stressful information to individuals
5. The importance of providing individuals with opportunities to ask questions and increase their understanding
6. How to establish effective communication with and between services providers
7. The range of diverse cultures prevalent in the community
8. The effects of different cultures and religions on care management
9. The principle of confidentiality and what information may be given to whom
10. The importance of involving individuals in discussions, and how to do so
11. How to effectively negotiate with individuals, families and other professionals
12. The principles of valid consent, and how to obtain valid consent from individuals
13. Anatomy and physiology of the human body
14. How to interpret results of baseline observations and tests, and clinical examinations
15. How to identify deviations and what to do when these occur
16. Pharmacological therapies for treating individuals with specific health conditions, and how to determine appropriate therapies
17. The nature of specific health conditions, their different forms and the physical, psychological and social effects on individuals and their families
18. The causes and factors that determine specific health conditions and their different stages, including terminal stages
19. The short-, medium- and long-term effects of specific health conditions on the individual's physical, psychological, mental and biological states and functions
20. The importance and role of lifestyle factors influencing specific health conditions and related risk factors

- 21.The socio-economic and epidemiological factors affecting specific health conditions
- 22.The local protocols for contacting members of the multi-disciplinary team
- 23.The multi-disciplinary team member responsible for each aspect of the individual's treatment plan, and how to contact them
- 24.How to develop clear treatment plans with individuals and relevant others (e.g. family members, carers)
- 25.The importance of identifying individuals' needs, and how to do so
- 26.The importance of identifying relevant interventions and courses of action for the individual, and who can provide them
- 27.How factors in people's lifestyles can affect the treatment plan
- 28.How the treatment plan will be managed
- 29.Organisational guidelines on keeping records
- 30.Organisational guidelines on the format and frequency of the progress reports from service providers
- 31.Organisational and local reporting arrangements
- 32.The range of services available locally and nationally for people who need information and support in making and maintaining lifestyle changes, and how to access these services
- 33.The range of services provided by the local GP and other professionals, and how to access these services
- 34.The range of social care services available, and how to access them
- 35.Palliative care and end of life care services available locally, and how to access them
- 36.The costs, availability and locations of services
- 37.What to do if a need is identified but cannot be met by a service provider
- 38.The barriers to access to services
- 39.The details of the local, regional and national support groups available

PERFORMANCE CRITERIA

You must be able to do the following:

- 1.chase progress reports, if not received from any services and providers, in accordance with organisational guidelines
- 2.interpret the results of the observations, tests and assessments
- 3.review all progress reports, including hand-held records maintained by the individual
- 4.evaluate the effectiveness of interventions and correctly identify when they are not effective in addressing the individual's needs and meeting prior agreed goals
- 5.review the individual's medication, including need for changes and possible side effects
- 6.seek advice immediately from the relevant member of the individual's multi-disciplinary team, based on the results of the monitoring or in case of deterioration of individual's condition
- 7.refer the individual to the relevant member of the multi-disciplinary team, if necessary
- 8.renegotiate plans and optimise care to enable stabilisation and improvement in the individual's condition, taking into account available services and resources
- 9.regularly advise and educate other relevant professionals on the individual's progress and changes in the treatment plan

10. provide advice and support to the individual, their family and other professionals
11. recall individuals diagnosed with health conditions who do not attend monitoring and review sessions
12. make full and concise notes on the individual's records according to organisational policy

ADDITIONAL INFORMATION

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004): Dimension: HWB2 Assessment of health and wellbeing needs and care planning. This standard has replaced CHD_GA2