



# CHS42 Identify individuals with or at risk of developing long term conditions or related ill health

### **OVERVIEW**

This standard is about identifying individuals with long term conditions or at risk of developing long term conditions or related ill health. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 1

### **KNOWLEDGE AND UNDERSTANDING**

You will need to know and understand:

- 1.the factors which determine the risk of long term conditions and the relative impact of these factors
- 2.how factors in people's lifestyles (ie physical activity, smoking, diet, stress, alcohol consumption) can affect their risk of developing long term conditions
- 3.the nature of long term conditions, their different forms and physical, psychological and social effects on individuals and their families
- 4.national and local guidelines and policies for identifying and assessing people at significant risk of developing long term conditions
- 5.evidence to help establish which criteria to use to identify people at significant risk of developing long term conditions.
- 6.agreed procedures for referral to specialist assessment and diagnosis
- 7.how to delegate responsibilities clearly
- 8.the information technology available to maintain registers and call and recall people for assessments, and how to select and use it
- 9.coding systems, and how they can be used to identify people in high risk groups.

## PERFORMANCE CRITERIA

You must be able to do the following:

1.use research evidence, together with national and local guidelines and policies, to establish clear criteria to identify individuals with, or at significant risk of developing

long term conditions

- 2.prioritise the groups to be assessed, taking into account the relative risks of the different risk factors and the financial and human resources available
- 3.establish clear procedures and responsibilities for maintaining and validating registers of individuals in the priority groups
- 4.ensure that the registers are regularly maintained and validated in line with established procedures
- 5.refer individuals at significant risk of developing long term conditions for specialist assessment.

### ADDITIONAL INFORMATION

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004): Dimension HWB1 Promotion of health and wellbeing and prevention of adverse effects on health and wellbeing This standard has replaced CHD\_EF1