



# CHS45 Agree courses of action following assessment to address health and wellbeing needs of individuals

## **OVERVIEW**

This standard is about reviewing the results of assessments to agree courses of action to address the health and well-being needs of individuals. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 1

#### **KNOWLEDGE AND UNDERSTANDING**

You will need to know and understand:

- 1.the national and local legislation which relates to your area of work including:
  - 1.health and safety
  - 2.confidentiality and information sharing
  - 3.the provision of services
  - 4.the rights of individuals
  - 5.anti-discriminatory practice
  - 6.valid consent
- 2.the statutory and professional standards and codes of practice for your area of work and how to interpret and apply these
- 3.the nature, extent and boundaries of your work role and its relationship to others in your own and other organisations
- 4.procedures, protocols, and pathways for liaising with individuals, carers, practitioners, departments, and agencies
- 5.the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
- 6.the ways in which communication can be modified and altered for different needs, contexts and beliefs, including the age, understanding and communication preferences of individuals
- 7.the effects of environments and contexts on communication (particularly institutional settings)
- 8.how to explain the outcomes of the assessment and subsequent actions which may be necessary
- 9.the different fears and concerns that individuals may have about the outcomes of the assessment
- 10.the reasons why it is important to be honest and transparent concerning the outcome of the assessment
- 11.the risks which may be inherent in various courses of action and how to evaluate

these realistically

- 12.the resources available to meet the individual's needs within your own and other organisations, and how to access these
- 13.the referral processes within your area of work

#### PERFORMANCE CRITERIA

You must be able to do the following:

- 1.obtain and review all of the information from the inter-disciplinary assessment
- 2.identify any gaps or ambiguities in the assessment results and seek clarification or further information from relevant members of the inter-disciplinary team
- 3.discuss the assessment results with members of the inter-disciplinary team to:
  - 1.agree the outcomes
  - 2.identify any risks to the individual
  - 3.identify potential actions
- 4.discuss the outcomes of the assessment with the individual and key people in a way that is meaningful to them
- 5.explore the possible actions to be taken and provide the individual and key people with a rationale for them
- 6.explain the benefits and risks associated with the actions
- 7.agree the actions to be taken with the individual based on the results of the assessment and other relevant factors
- 8.make any necessary arrangements in relation to the actions to meet the needs of the individual
- 9.produce referrals to other practitioners that contain all the necessary information and are presented clearly and logically
- 10.produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information.

### **ADDITIONAL INFORMATION**

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004): Dimension: HWB2 Assessment and care planning to meet people's health and wellbeing needs This standard has replaced HCS\_MAX1