

CS9 Agree changes to improve individualised care plans to meet the health and well-being needs of children and young people

OVERVIEW

This standard is about working with children and young people, and those involved in their care, to agree any necessary changes in their individualised care plans. It involves reviewing the effectiveness of care plans and identifying changes to improve delivery processes and outcomes. Users of this standard will need to ensure that practice reflects up to date information and policies. Version No 1

KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. The legislation which relates to working with children and young people including:
 1. confidentiality and information sharing
 2. the provision of services
 3. children's rights
 4. anti-discriminatory practice
 5. child protection
2. The statutory and professional standards and codes of practice for your area of work and how to interpret and apply these
3. How to manage your responsibilities as a professional with organisational and contractual requirements
4. The nature, extent and boundaries of your work role and its relationship to others in your own and other organisations
5. The roles of other practitioners working with children, young people and families and how they relate between and across agencies
6. Local safeguarding and health and safety policies and procedures, and how they apply in different working environments
7. The importance of working within your own sphere of competence and when you should refer to others
8. The ethics concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
9. The law and good practice guidelines on consent, including capacity issues and consent in childhood
10. The importance of gaining assent from children and young people who lack capacity to consent

11. Methods of obtaining informed consent and how to confirm that sufficient information has been provided on which to base this judgement
12. The rights of individuals to make decisions for themselves and to take risks in the context of their own lives
13. How to deal with issues of confidentiality and who has the right of access to information and images that have been recorded
14. How to communicate effectively with children and young people, and those involved in their care
15. The importance and methods of establishing rapport and respectful, trusting relationships with children and young people and those involved in their care
16. The importance of focusing on the child or young person as an individual
17. The ways in which those involved in the care of the child or young person should be involved in communication in order to deliver the most effective outcome for the child or young person
18. The ways in which communication can be modified and altered for different needs, contexts and beliefs, including the age, understanding and communication preferences of the child or young person and those involved in their care
19. The ways in which children and young people communicate by behaviour, as well as through language, and how different forms of behaviour can be interpreted
20. The effects of environments and contexts on communication (particularly institutional settings)
21. The key government policies relating to the health and well-being of children and young people
22. The main issues and debates relating to the health and well-being of children and young people
23. The framework for the assessment of children and young people's needs
24. The guidance that is available for your own practice, and the sources of the guidance
25. Evidence based practice, and its role in improving services
26. The main trends and changes relating to the health and well-being of children and young people
27. The main conditions affecting children and young people in your area of practice
28. Child development, including emotional, physical, intellectual, social, moral and character growth, and how they all affect one another
29. The impact of parenting capacity on the health and well-being of children and young people
30. The impact of family and environment on the health and well-being of children and young people
31. How the needs of children and young people may affect others
32. The contributing factors that increase the risk of harm to children and young people and the triggers for reporting incidents or unexpected behaviour
33. Local sources of health and well-being information, advice and support for children and young people, and those involved in their care
34. Methods of encouraging the child or young person and those involved in their care to take a full and active part in agreeing changes to individualised care plans and to offer their views as equal partners in the process
35. The range of expertise within the team and the purpose and use of the different interventions each member provides
36. The different ways in which the care plan can be altered to meet the needs of the child or young person and the ways in which their needs may have changed
37. Methods of judging the subsequent action which may be necessary given different care plan outcomes
38. The risks which may be inherent in various courses of action and how to evaluate

these realistically

- 39.The resources available to meet the changing needs of the child or young person within your own and other organisations, and how to access these
- 40.Evidence based decision making processes around balancing risks, the child's or young person's needs and wishes, resource availability and service priorities
- 41.The referral processes within your area of work
- 42.National and local policy and guidelines for individuals' records, their storage, retrieval and transfer, and confidentiality of information
- 43.The information recorded on individuals' records; how to access and use this information; and your responsibilities for maintaining records

PERFORMANCE CRITERIA

You must be able to do the following:

- 1.communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding and preferences
- 2.identify and respect the child's or young person's privacy and confidentiality wishes
- 3.encourage the child or young person and those involved in their care to seek clarification of any procedures, information, and advice relevant to them
- 4.provide support to the child or young person to enable them to take an active part in decisions affecting them
- 5.discuss and review the effectiveness of the care plan with the child or young person and those involved in their care and reach agreement on any changes that need to be made to the care plan
- 6.encourage and support the child or young person and those involved in their care to consider the implications of the changes to the care plan including any benefits and risks
- 7.explore and agree the actions to be taken with the child or young person and those involved in their care and obtain the necessary agreement and consent
- 8.make any necessary arrangements to implement the agreed actions to meet the needs of the child or young person
- 9.agree the date and process for the next review of the care plan with the child or young person, and those involved in their care
- 10.produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information

ADDITIONAL INFORMATION

This National Occupational Standard was developed by Skills for Health. This standard links with the following dimension within the NHS Knowledge and Skills Framework

